

# Thirteen MOONS™



*A Monthly gathering*

*Honoring the Spiritual Life Cycle*

*of A Woman*

*Sacred Sexuality:*

*Retrieving our Power, Unveiling Beauty,*

*Celebrating Wholeness*

*June 6, 12:30- 4 pm  
at Yoga Now*

*742 N. La Salle  
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Sexuality is a sacred and vital part of each woman, and it must be respected, cherished and appreciated. Like a clear mind or a strong body, our sexual energy is an important aspect of our human experience, enhancing the joy and sweetness of being human. It can also serve as an elixir for physical vitality and spiritual ecstasy. However, because of the layered social, political and religious sanctions placed on woman and sexual expression, we must not only be more aware of this soul loss in our lives, but actively seek out and harvest this elusive yet essential part of our true nature.

This Thirteen Moons™ session boldly explores the spiritual aspect of female sexuality through a deeply healing journey to retrieve the natural feminine Eros.

Come join our shared path dedicated to liberation from old patterning, fear and shame. Learn how to live as juicy, contemporary goddesses: open harmonious and confident. Step into our sacred hoop of wisdom and encouragement and feel the love and support wash over you.

Susan A. Lipshutz, L.C.S.W. is a holistic practitioner with more than 20 years of teaching and private practice in Chicago. She brings a foundation in Western medicine and indigenous spiritual practice to her work, and has served as the Director of Behavioral Sciences for the Family Practice Residency Training Program with the Illinois Masonic Medical Center and West Suburban Hospital.

A student of cross-cultural spiritual practices including Andean wisdomkeepers and Mapuche ceremonialists, Susan integrates the ancient wisdom of our grandmothers with her powerful teachings, crafting an easy-to-understand style of empowerment and self-love attuned to the complexities of today's modern woman.

Because the sacred feminine is always growing and evolving, Susan is dedicated to weaving this understanding into ongoing training, studies and apprenticeships, as well as her individual consultations. She is dedicated to the empowerment and art of walking in beauty and harmony in today's world, and her commitment to self, family and service as a collective dream exemplifies the realized possibility to be found in the practice of living as an Everyday Medicine Woman.