



# Strengthening the Essential Self: A 2012 Rite of Passage

The 13th Annual Everyday Medicine Woman  
Goddess Gathering With Susan A. Lipshutz, LCSW  
At Dahlonega Spa Resort, Georgia



Those walking a spiritual path understand that 2012 marks both an end and a beginning. Over the past several years, every facet of our lives has been shattered and stripped down to its core. We are now being asked to step through a portal into a new era, and to live consciously, compassionately and from the heart. This year's goddess gathering both honors our surrender to this wisdom and offers an opportunity to strengthen our essential self so we can walk in this new world with clarity and purpose.

Under a full huntress moon, we will pitch our tribal tent on rich American soil to connect with the medicine wheel of our roots. Held in the safety of like-hearted sisters who have done spiritual work together for more than a decade, we will tap into divine sacred feminine teachings, earth-honoring traditions, ancient ceremonies, creative self-expression and our own hard-won wisdom. Together, we will celebrate this rite of passage, align our hearts with passionate purpose and return to our lives ready to serve.

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September 27 to 30, 2012

**What can you expect?** Over the course of four days, we will be drumming, dancing, sharing, creating, doing yoga, and participating in ceremonies, rituals and journeys. Expect sisterhood, community and a joyful celebration of the divine feminine. Expect a deep exploration of self. But mostly, let go of expectations. You might just amaze yourself!

**Who should come?** Whether you have been to every goddess gathering or are new to the work, we invite women of any age who want to stand strongly in the center of their lives to join us. For the "seasoned" women, this gathering allows us to tap into the wisdom of our shared sisterhood and evolution, and for newcomers it is an exciting opportunity to step into a sacred hoop of mindful, joyful and open-hearted women. You need only a willing spirit, an open mind and a thirst for deep connection.

## Key Dates

**June 1.** Registration form and nonrefundable \$300 deposit due.

**Early Bird Special.** Pay in full by June 1 and receive \$50 off.

**July 15.** Balance of trip due along with waiver and other registration materials.

**September 26.** Optional pre-gathering day.

**September 27.** Gathering starts at 3 pm.

## What do I need to know?

**Time.** Gathering starts at 3 pm, Sept 27 and ends at noon September 30. If you would like to come a day early to relax, hike or receive spa treatments, rooms are available at a 10% discount. Please discuss this option with Robin, our trip coordinator.

**Place.** Dahlenega Spa Resort, in the foothills of the Blue Ridge Mountains, is about an hour and a half north of Atlanta. Features hiking trails on property, an outdoor Jacuzzi, a walking labyrinth, spa treatments, and healthful and delicious meals.

**Accommodations.** Beautifully appointed rooms, described as "rustic luxury," all with private baths.

**Cost.** Double rooms start at \$950. Cost includes accommodations, programming and all meals. Does NOT include airfare, ground transport or spa treatments. Payment options: check, Visa and Paypal.

**How to register.** To reserve your place, send the form below with a \$300 **nonrefundable** deposit by June 1, 2012, to Everyday Medicine Woman, 430 W. Erie St, #405, Chicago, IL 60654.

**For more information.** For general information, go to [everydaymedicinewoman.com](http://everydaymedicinewoman.com) and click journeys. For info about Dahlenega, go to <http://www.rrresorts.com/f.html#/dahlenega/>

**For questions.** E-mail our event coordinator Robin Varnado at [journeys@everydaymedicinewoman.com](mailto:journeys@everydaymedicinewoman.com)

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

ZIP: \_\_\_\_\_

Phone: Home \_\_\_\_\_

Work \_\_\_\_\_

Cell \_\_\_\_\_

Email Address: \_\_\_\_\_

Visa/MasterCard number \_\_\_\_\_

Exp. date \_\_\_\_\_

If paying by check, make check payable to Rainbow Journey, LLC

Signature \_\_\_\_\_

Date \_\_\_\_\_

By signing this form, I represent an understanding that this is a nonrefundable trip.

I recognize the need to purchase travel insurance to protect my trip fee in case I need to cancel my reservation.